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PREMIER DERMATOLOGY  
MEDICAL, SURGICAL & COSMETIC DERMATOLOGY

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## DR. JHIN AND PREMIER DERMATOLOGY IN THE NEWS!

Dr. Jhin appeared on KRON 4 news on November 19, 2004. She was asked to comment on the recent FDA scientist hearing in the Senate regarding the safety of certain drugs, such as Accutane.

Dr. Jhin appeared on KGO 7 news with Dr. Dean Edell on December 3, 2004 on the use of the new cosmetic product, Sculptra.

Visit your local ABC 7 website to learn more.

[www.abclocal.go.com/kg0](http://www.abclocal.go.com/kg0)

**skin sense tip:**  
*The best time to moisturize your body besides frequently is right after your shower or bath. Pat yourself dry with a towel and apply the moisturizer while you are still damp for maximum hydration.*

## WHAT'S NEW TO PREMIER DERMATOLOGY?

Ask about BOTOX® for the treatment of excessive underarm sweating. It is now FDA approved for hyperhidrosis and may be covered by your insurance.

We now have the North American Patch Test series. This is an extensive test that will uncover 80% of most contactants that you may have an allergy to. This is a useful test for anyone with hand eczema, eyelid eczema and extensive atopic dermatitis. It is covered by your insurance. Make a consultation with Dr. Jhin and see if this test is right for you!

# SKINSENSE

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## A NEW YEAR'S WISH FROM DR. MARIE H. JHIN AND HER STAFF

We cannot believe another year has passed and now it is 2005! 2004 has been an incredible year at Premier Dermatology. Our patients have continued to surprise us with their support and love. Our practice is continuing to grow as we add on more staff, more services, and events. Our first Day of Beauty was a huge success and we hope to have another one in May. As we embark on 2005 and we make our New Year's resolutions, our wishes are that you know beauty is only skin deep and feeling good is always more

important. Sun protection and applying sunblock is life saving, and a smile will always make someone feel better. This holiday season, we wish everyone peace, good health, and happiness now and through 2005!



## THE NEW SCULPTOR - SCULPTRA GETS FDA APPROVAL WITH LONG LASTING RESULTS.

Ready for a long-lasting remedy for deep facial wrinkles and sunken areas?

Already being used in more than 30 countries across the globe since 1999, Sculptra has now been approved by the Food and Drug Administration to be used as a long-lasting dermal filler in the U.S.. This synthetic filler is safe and very effective in restoring facial volume in people who have lipoatrophy or had a significant loss of fat in their cheeks, chin, temples, and eye areas. The main com-

ponent of Sculptra, poly-L-lactic acid which actually prompts the skins own fibroblasts to create more collagen.

Poly-L-lactic acid is a synthesized simple sugar that is biodegradable and biocompatible, thus it is not harmful and is able to be broken down by the body. This acid has been used in many products such as dental implants and absorbable sutures since the 1960's.

*(continue on page 2)*

(Sculptra-Sculptra from page 1)

To prove the more recent use of poly-L-lactic acid, clinical trials presented to the FDA enlisted subjects who suffered facial fat loss due to the symptoms of HIV. Results showed significant improvements on restoring the fullness in the face of these patients. Research also showed that participants' attitude towards their appearance and well-being were enhanced after their treatments.

## EXCESSIVE SWEATING - RUINS MORE THAN JUST CLOTHING

Excessive sweating, or hyperhidrosis, is a medical condition that can be devastating. It affects every moment of every day. All too often, suffering from hyperhidrosis is a silent struggle - avoiding social situations and trying to disguise the excessive sweating with clothing, powders, and pads.

It's natural to sweat; that is why the human body is covered with two to four million sweat glands. However, when sweating becomes embarrassing, extremely uncomfortable, anxiety-inducing, or affects one's personal life or occupation, it may be a sign of a medical condition called hyperhidrosis.

Hyperhidrosis affects up to 3% of the population. No one is sure why some people develop the condition and others do not. What is certain, however, is that although hyperhidrosis isn't life-threatening, it isn't harmless either. Actually, hyperhidrosis can significantly damage quality of life, with disturbing effects on social relation-

Cosmetic surgeons can now use Sculptra to remedy mild to large contour and volume loss in the cheeks, eye areas, temples, chin, and glabella. A significant advantage to using Sculptra is its long-term effects. While a couple of sessions may be needed, the results will occur gradually within four months and could last up to two years.

ships, career choices, and mental well-being.

You don't have to suffer in isolation anymore. BOTOX® may be the solution.

BOTOX® has proven to be very effective in treating conditions of hyperhidrosis. In one clinical study involving 322 patients, 81% of those treated with BOTOX® achieved more than half of a reduction in sweating. Comparatively only 41% patients who were treated without BOTOX® achieved relief.

BOTOX® is now FDA approved for treatment of underarm hyperhidrosis and involves a few injections to both underarms and can last for up to 1 year. If you suffer from hyperhidrosis and it is an uncomfortable problem, BOTOX® may be the effective answer and it may be covered by your insurance. Call us today and come in for a consultation.

## MAKE YOUR SKIN GLOW!

In September, Premier Dermatology added a new make-up line to our wide variety of products. Glo-Mineral Make-up is only carried in doctor's offices and high-end spas. Now you may be asking, "What makes this make-up line different and/or better?" Good question!

Here are a few reasons why Glo-Mineral Make-up is unique:

1. **Antioxidant Power:** Vitamins C, A, K, E and green tea extract are key ingredients which are nutrients vital to maintain healthy skin.
2. **Broad-Spectrum UVA and UVB Sun Protection:** Contains micronized titanium dioxide and zinc oxide.
3. **Anti-Inflammatory for Acne/Rosacea Prone Skin:** Ingredients, such as green tea and vitamin C to help improve the

appearance and condition of acne and rosacea-prone skin.

4. **Continuous Coverage:** By using the finest ingredients and triple micronized minerals so every application provides continuous coverage.

5. **Allergy Sensitive:** There are NO perfumes or chemical dyes so Glo-Mineral is suitable for even the most sensitive skin types.

6. **Non-Comedogenic:** Every product is triple micronized, making the particles so fine that the skin can breathe, which helps inhibit the potential for bacteria to become trapped in pores.

7. **Cruelty Free:** None of these products are tested on animal.

Try it today.  
Come in for a free make-over!

## WELCOME CAMILLE CUENTO, PA

Camille Cuento has joined Premier Dermatology this winter and will work closely with Dr. Jhin in the treatment of



common dermatologic conditions as well as cosmetic procedures.

A native of Southern California,

Camille earned her Masters of Physician Assistant Practice degree from the University of Southern California. She also has a Bachelor of Science degree in Biology from Santa Clara University.

Camille has worked in the field of dermatology for the past year and has expertise in general dermatology as well as in cosmetic dermatology. She is trained in lasers, Fotofacial laser, Photodynamic therapy for acne, Botox and Restylane.

In her spare time, Camille enjoys dancing, traveling, snowboarding, running, trying new foods and new restaurants, and spending time with her family and friends.

Camille is very excited about joining the team of Premier Dermatology and serving the wonderful community of the Peninsula.